



KOKODA  
XTREME



KOKODA  
ULTRA  
MARATHON

## INCLUSIONS & EXCLUSIONS

Please familiarise yourself with what IS and ISN'T included

### INCLUSIONS

#### **FLIGHTS, FOOD & ACCOMMODATION (PRE AND POST RACE):**

- 2 nights twin share accommodation at the 5 Star Luxury Stanley Hotel
- Breakfasts at hotel
- Airport > Hotel > Airport transfers
- Pre-race briefing at The Stanley Hotel
- Finishing dinner upon completion
- Bus transport from Stanley Hotel to Owers' Corner
- Internal flight from Kokoda back to Port Moresby

#### **HISTORY OF KOKODA:**

- Comprehensive history of the Kokoda Track from our experienced, professional and passionate Australian Guides at Kokoda prior to event
- Remembrance service at Kokoda on day 3 of the event
- Historical overview of the major battles fought on the track during the 3 overnight camp sites including the Kokoda campsite

#### **SUPPORT & PREPARATION:**

- Comprehensive pre-race information and support package
- Experienced support staff to answer your questions and requests prior to your race

#### **PEOPLE, LOGISTICS & SAFETY ON THE TRACK:**

- Experienced and professionally trained PNG Trek Master and experienced PNG Trek Leader
- Professionally trained group/camp porters & guides who are all exclusively from the Koiari and Orokaiva villages along the Kokoda Track
- Professionally trained rope and river crossing specialist (all check points and river crossings are monitored)
- Kokoda Track Authority fee and permit including campsite fees
- Hire of two person tent
- Full camp site logistics with group camping, cooking and equipment
- 24 hour emergency support network in Port Moresby and Australia
- Communication and emergency equipment including satellite phones
- First Aid trained guides and support including group medical kits



KOKODA  
XTREME



KOKODA  
ULTRA  
MARATHON

## **FOOD & WATER ON THE TRACK:**

- We carry all our food and supplies for the complete race, avoiding any risky and delayed/cancelled halfway food drops...plus we get the opportunity to give more work to our porters for the whole race
- Dinner during the race (prepared fresh by our professionally trained cooks)
- We do not use dehydration packs just fresh wholesome food
- Sterilised drinking water
- Electrolytes
- Selected snacks

## **UPON COMPLETION:**

- Kokoda Ultra Marathon Finisher Medal
- Goodie bag consisting of products from the events sponsors and business partners
- Kokoda Ultra Marathon running shirt

## **YOU MIGHT ALSO LIKE TO KNOW....**

- We have a Port Moresby office with support staff on hand to assist
- We pay for Porter flights/transport to and from the Kokoda track
- We supply all Porter food and camping equipment and uniform for our staff
- We pay our Trek Guides and Porters well above the industry average and well above the recommended amount specified by the Kokoda Track Authority
- Our Porters carry less than the specified weight recommended by the Kokoda Track authority and less than the International Porters code

## **EXCLUSIONS**

- International Flights to PNG or domestic flights within Australia
- Anti-malaria medication and/or inoculations as recommended by your Doctor
- Personal first aid and personal care items
- Medical Assessment (Kokoda Spirit will provide each person with a Doctors letter to take to your local Doctor)
- Passport
- Personal Travel Insurance (must include provision for an emergency airlift out of the Kokoda Track if required)
- Personal expenses in Port Moresby (eg. telephone calls, drinks, meals, room service etc)
- Any extra nights' accommodation in Port Moresby
- Kokoda Ultra Marathon Mandatory Gear items
- Any expenses relating to a Medical Evacuation (refer to Booking Terms)