



KOKODA
XTREME



KOKODA
ULTRA
MARATHON

RACE RULES & REGULATIONS

The Kokoda Ultra Marathon Race Rules & Regulations have been created to ensure race integrity, competitor safety & enjoyment. Failure to adhere to the Race Rules may result in time penalties and possible disqualification from the race.

Please familiarise yourself with all of the Race Rules and additional important information detailed in this document.

COMPETITORS MUST:

1. Compete fair and respect the track and the true spirit of Kokoda - "Courage, Endurance, Mateship and Sacrifice"
2. Support and encourage their fellow competitors
3. Stay safe
4. Maintain their integrity and the integrity of the Soldiers who fought on Kokoda
5. Be compliant with all Papua New Guinea laws
6. Obey all instructions from Race Director and Race Support staff in regards to safety, weather and race operations
7. Carry the items on the mandatory gear & medical list with them at all times while on the track
8. Check in at each designated checkpoint. Further details at the briefing
9. Complete each section of the race
10. Follow the marked track at all times and not once venture outside of these zones
11. Not litter along any part of the course
12. Wear their race bib at all times whilst running on the course ensuring it is clearly visible
13. Stay overnight in the designated campsites
14. Adhere to starting times and starting locations
15. Adhere to the Kokoda Spirit Drugs and Alcohol Policy
16. Be aware that Kokoda Ultra Marathon Organisers & Race Director will and can vary race rules with prior notice to competitors



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IMPORTANT INFORMATION & POLICIES

COMPETITOR GEAR

- Please refer to the Mandatory Gear list
- You will not be allowed to compete in the Kokoda Ultra Marathon if a piece of mandatory gear is missing from your kit.

CUT-OFF TIMES

- Due to the very difficult terrain and limited access to campsites and check points other than the track itself, there will only be one official cut off time section on day 2 just before Brown River. Full details of this official cutoff time will be discussed at the race briefing before the race starts, and at the first overnight camp / checkpoint.
- There will be an official race sweeper during the race to ensure all competitors are accounted for.

CHECKPOINTS

- There are Checkpoints (CP's) along the 96km course and will be at selected villages with water and aid located at each one. Every competitor **MUST** pass and register at each CP. Failure to do so will result in time penalties.
- Details about the checkpoints and selected villages will be available soon.

DRUG & ALCOHOL POLICY

- Along the track there is a very strict policy followed by Kokoda Spirit in line with the Kokoda Marathon: Strictly NO alcohol and NO drugs (Illicit and Performance Enhancing) from every competitor.
- However at the completion of the race each competitor deserves a well earned drink that Kokoda Xtreme will provide.

CAMPS & ENVIRONMENT

- We have worked extremely hard with the local and national authorities of PNG, the local communities of the Kokoda Track that dot the entire length of the course to bring you this amazing adventure. The Kokoda jungle is a precious and valuable resource for humans and our planet and we expect you to help us protect it. You can do this by ensuring anything you bring to the race is as environmentally friendly as possible but also by joining us in our "Leave No Trace" policy.
- We enforce clean campsites and trails for the entire race, anyone seen to be contaminating the course, camps or the surrounding area will be subject to severe time penalties.



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SEVERE WEATHER

- With this event being held in the Papua New Guinean Jungle the race organisers will have a Severe Weather watch in operation throughout the race. From time to time it may be necessary for the race organisation to temporarily halt the race to allow severe weather to pass or to allow flooded creek/ river crossings to subside. You will receive detailed instruction which you must follow on how to act if bad weather is predicted at your pre-race safety briefing at Camp.

SUPPORT & EMERGENCY ASSISTANCE

- Assistance may be given at camps, stages and checkpoints by official Kokoda Ultra Marathon staff members only including nominated locals. Assistance will take the form of medical treatment, care, advice and attention where necessary.
- If you pass an injured competitor or a competitor who is struggling on the course please stop to help them.
- Unless in an emergency situation and pending weather conditions a chopper evacuation will be on standby. Please refer to the race terms and conditions for more detail.

VOLUNTARY WITHDRAWAL

- If you need to withdraw from the race due to ill health, pain, or discomfort you will need to notify a member of the Kokoda Ultra staff of your intention. We will ensure you are returned to the overnight camp safely with our staff where you will no longer officially take part in the race.
- If the reason for your withdrawal disappears there may be the opportunity to further take part in the race, although the decision will ultimately rest with our medical team.
- There is no provision for competitors to be taken from the race, such arrangements will be totally at the cost of the competitor and pending weather conditions. Please refer to the Terms & Conditions (evacuations).